



**Head Start Well-Child Exam**  
**Infant, toddler, pre-school**

**Return MVA C Head Start – Health**  
**to:** 706 N. Victory Dr.  
 Mankato, MN 56001  
**Fax:** (507) 345-2429  
**Phone:** (507) 345-2468  
**Email:** hsfax@mnvac.org

**Child's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_  Male;  Female **Date of Examination:** \_\_\_\_\_

**Well child exam for Age:**  0-1 mo;  2-mo;  4-mo;  6-mo;  9-mo;  12-mo;  15-mo;  
 18-mo;  24-mo;  30-mo;  3-yr;  4-yr;  5yr;

**Height** \_\_\_\_\_; **Weight** \_\_\_\_\_; **BMI Percentile** ( $\geq 24$  mo.) \_\_\_\_\_; **Blood Pressure** ( $\geq 3$  years) \_\_\_\_\_

**Head Circumference** ( $\leq 24$  mo.) \_\_\_\_\_; **Weight for length percentile** ( $\leq 2$ -yrs.) \_\_\_\_\_

**Exam Results**

	N	Ab	(describe abnormal results)
HE ENT			
Heart			
Lungs			
Stomach/Abdomen			
Genitalia			
Extremities, Joints, Muscles, Spine			
Skin, Lymph Nodes			
Neurological			

**Laboratory Test/Risk Assessment**

<b>Lead from today or a past result</b>	Rec ord Valu e:	Date:
<b>Hgb/Hct (between 9 &amp; 15 mo)</b>	Rec ord Valu e:	Date:
<input type="checkbox"/> <b>Newborn Screening Follow-up</b> <b>TB Risk Assess</b> <input type="checkbox"/> <b>Dyslipidemia Risk Assessment (24 m. &amp; 4 yr.)</b> <u><b>Describe any abnormal result - follow-up needed</b></u>		

**Developmental, Social/Emotional, Mental Health**

Results of any recommended screenings completed at this visit	N	Ab
<b>Developmental</b> (9 mo, 18 mo, 24-30 mo, 3-4 yrs)		
<b>Social/Emotional</b> (beginning at 6 mo.)		
<b>Autism Spectrum Disorder Screening</b> (18 and 24 months)		
<b>Maternal Depression</b> (0-1-mo., 2-mo., and either the 4 or 6-mo. visit)		
<b>Describe any "abnormal" results and referrals made:</b>		

**Immunizations**

<input type="checkbox"/> <b>Clinic, MIIC or state Immunization Record</b> <input type="checkbox"/> <b>MDH Early Childhood Immunization Form – Exemption Medical (if relevant)</b> <u><b>Record immunizations received today:</b></u>  <b>If behind on schedule for age describe catch-up schedule:</b>
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**Oral Health Assessment**

<b>Signs of decay or TX needs?</b> <input type="checkbox"/> No; <input type="checkbox"/> Yes <b>Fluoride varnish applied?</b> <input type="checkbox"/> No; <input type="checkbox"/> Yes <b>Referral to dental provider?</b> <input type="checkbox"/> No; <input type="checkbox"/> Yes <u><b>Concerns or follow-up needed?</b></u>
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**Referrals/follow-up from today's exam**

**Allergies** (food, medication, environmental, insects, others)

<u><b>Describe allergy specific triggers, restrictions, medications or accommodations needed for participation in Head Start</b></u>
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As legal guardian of this child I authorize the health care provider to release the above requested information to MVA C Head Start for the purpose of providing care to my child and supporting my family in obtaining any indicated follow-up care and/or needed treatment.

\_\_\_\_\_  
**Parent/Guardian Signature** **Date**

\_\_\_\_\_  
**Health Care Provider Signature** **Date**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Clinic Address**