Growing Great Kids™ For Preschoolers: For Home Visiting Programs

Curriculum & Certification Seminar for Home Visitors:

Growing Great Kids for Preschoolers (GGK PS) is a strength-based, partnership approach to building nurturing parenting skills while optimizing developmental outcomes for children 3 to 5 years. GGK PS provides home visitors and parents with the knowledge and skills needed to support preschool-aged children in forming:

- Secure attachment relationships
- Strong self-esteem
- Curious minds capable of creative and critical thinking
- Proficient receptive & expressive language/communication
- Cooperative peer relationships
- Age appropriate impulse control
- Habits foundational to making healthy life choices
- Social and academic building blocks for school success

As home visitors facilitate GGK PS Parenting & Child Development Curriculum modules with families, they build empathic parenting skills for interacting with their preschool-aged children in ways that bolster development and nurture security in their relationships. With the GGK PS Growing Great Families Curriculum modules, parents learn strategies for managing stress, building a secure family base and growing the protective buffers essential for raising mentally & physically healthy children.

Growing Great Kids for Preschoolers teaches the GGK Daily Do's: 6 Essential Parenting Skill Sets, which lay the foundation for nurturing, empathic parent-child interactions and optimal childhood development. When parents consistently practice the Daily Do's, their interactions with their children bolster social, cognitive, language, physical and emotional health and development.

Growing Great Kids for Preschoolers Curriculum Materials include:

- **GGK for Preschoolers Curriculum Manual**: Includes 24 Parenting & Child Development modules, aimed at enhancing understanding of the needs and development of preschool children, while growing parenting skills for interacting with their children in ways that build self-esteem, self-regulation and other developmental foundations for school success
- **Growing Great Families Curriculum Manual**: Contains modules for strengthening family foundations, enhancing stress management & problem-solving skills and forming protective family & community-based buffers for protecting children from the devastating effects of childhood trauma
- **GGK for Preschoolers Learning Pods Manual for 3 Year Olds**: Contains 200 Child Development Activities, grouped into 27 Learning-Pods, to use with 3 year old children, supporting their growth and building skills in all developmental domains (coded to correspond with HS 8 Domains, facilitating goal planning)